

Top 20 Tips to Home Energy Savings

1. Give your home an energy check-up! Look for drafty windows and doors, dripping faucets, and poorly insulated areas.
2. Establish an “Energy Savings Account”. Deposit as much as you can each week into a savings account. Even if it is only 5 to 10 dollars a week, it will be there to help you buy fuel.
3. Turn down your thermostat. Lower the thermostat to 55° F, particularly when you are not at home, leave for work, or go away for the weekend or longer.
4. Winter or summer, close off unused rooms so they are not cooled or heated unnecessarily. Keeping bedroom doors closed will keep the heat in other areas of the home and provide a cooler environment to sleep in.
5. Close heat vents to unused rooms and turn the thermostat down to 55° F in those areas.
6. Close storm windows tightly and cover your windows with drapes, quilts, shades or blankets.
7. On sunny winter days, open your curtains so that the sun can warm your home during the day.
8. Insulate water pipes, water heaters, & duct work.
9. Have a licensed technician clean and tune your heating system.
10. Repair leaky faucets.
11. Install faucet flow restrictors and low flow shower heads.
12. Take shorter showers. Challenge the kids to see who can take the shortest shower. Install shower timers that limit the time available in the shower.
13. Do not run hot water continuously while washing or shaving.
14. Load the washing machine to full capacity and use cold water settings.

15. Add a dry towel to your dryer load—it will absorb moisture and reduce drying time.
16. Turn off as many lights as you can. Lighting accounts for 10% to 15% of annual household electricity use. Replace incandescent light bulbs with compact fluorescent bulbs.
17. Vacuum your furnace filter every month. Replace it when it cannot be vacuumed clean.
18. If you use an air conditioner in the summer, set it at a higher temperature.
19. Insulate your attic and install weather stripping and caulk around windows and doors.
20. If you are a LIHEAP client and own your home, ask your local community action agency to weatherize your home. Weatherization can reduce heating energy consumption by 15% to 20%.
21. If you are out of heat, very cold, and need help, CALL SOMEONE. Call a family member, Maine 2-1-1, a neighbor, your town hall, your church—let someone know you need help.
22. For more tips on saving energy at home, please email us for a FREE Home Energy Conservation Tips brochure. info@propeople.org